

## Which Hand?

The first thing you need to determine is which hand to wear the glove. Typically, the glove is worn on your top hand as it relates to your grip position. This means right-handed golfers wear a glove on the left hand and left-handed golfers wear a glove on the right. Some people prefer to wear gloves on both hands to protect from blisters and calluses.

## Fit.

Golf gloves need a snug fit. The best way to determine the right size is to try on different gloves. If you find yourself between sizes, err on the smaller size as gloves tend to stretch as they are worn. Gloves that are labeled "Cadet" are comparable to a wide shoe size so if your palm size is large compared to your finger length, you will likely need a cadet. Some gloves have stretchy material integrated into the glove that helps give the glove a snug fit.

## Feel.

Gloves are made of either leather or synthetics. Most people prefer the feel of leather, but synthetics are slightly less expensive and may last longer.

## Specialty Gloves.

In addition to the standard golf glove, there are also all-weather gloves that are meant to withstand the elements like rain and cold weather. These gloves are typically packaged with both a right- and left-hand glove. There are also gloves that help golfers with hand medical issues.